

Dancing the Story

Using Creative Movement in Literacy Activities



Presented By:

Katie Davis, Education Director

Lauren Youngman, Teaching Artist

Gretchen Romanowski, Teaching Artist

Heather Pike, Teaching Artist

Warm Up: Brain Dance

- Breath
- Tactile
- Core-Distal
 - Head-Tail
- Upper/Lower
 - Body Side
- Cross-Lateral / Eye Tracking
 - Vestibular

Carolina Ballet Education Staff and Programs

Presenter Introductions

Our Programs

- Grow Up Great with the Arts Pre-K Program
 - Creative movement residencies for Pre-K classrooms
 - Moving Bodies, Learning Minds curriculum
- Arts Integration Residencies for all grades
- Dancers in Schools for Grades 3-5
- Student Matinees for Grades 3-12



Participant Introductions

Show the participants around you how you are feeling right now. Use **only** body movements to share your feelings.



The Elements of Dance

When we dance, we can use the elements of dance to move in different ways.

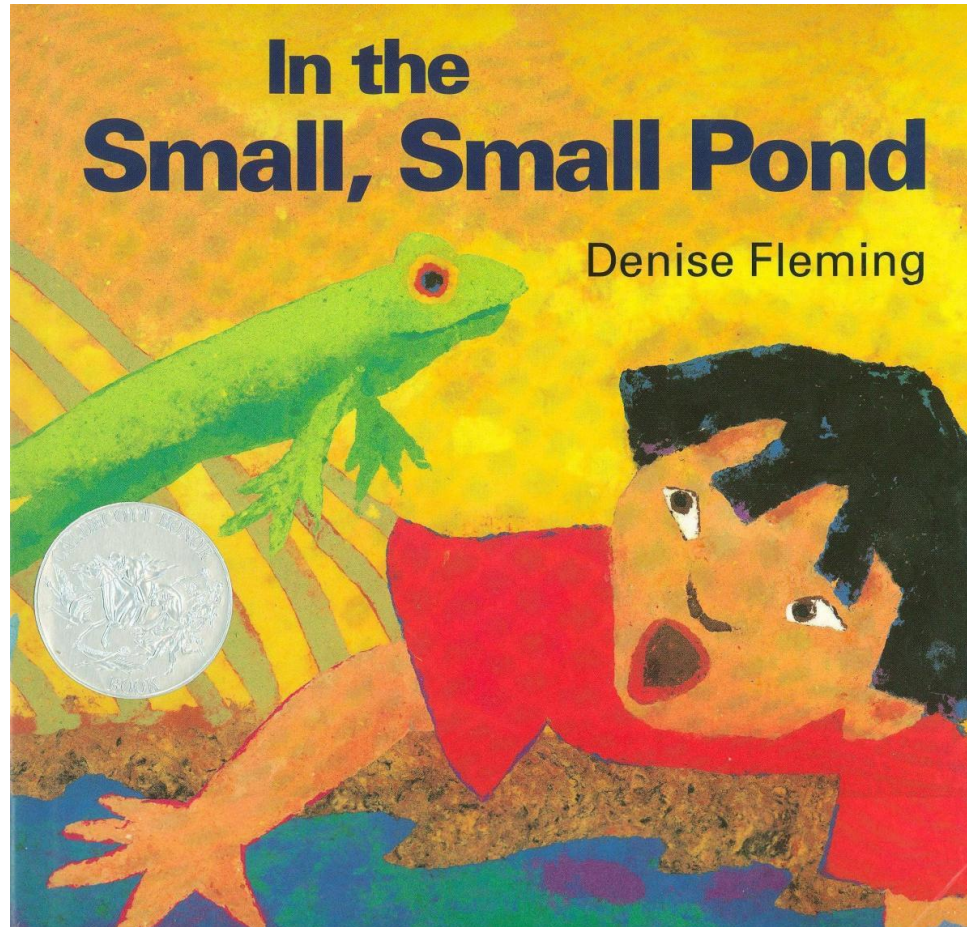
BODY

ENERGY

SPACE

TIME

Book Activity



Closing / Q&A



Thank you so much for joining us!
Feel free to contact Katie with any questions
about this workshop or our education program offerings:
kdavis@carolinaballet.com